

New Fiction from M.C. Armstrong: Excerpt from Novel 'American Delphi'

Note: M.C. Armstrong's new novel, 'American Delphi,' will be out October 15, 2022 from Milspeak Books. It has been hailed as "riveting, wise, and wonderful." Please feel free to [pre-order here](#), or purchase wherever books are sold.

—

From 'American Delphi' by M.C. Armstrong

"How do you tell the world that your brother is a psychopath?"

"You don't," my mom said. "Get away from the screen and journal about it."

She took this black and white notebook out of her grocery bag and handed it to me like it was supposed to be the answer to all of my problems. So here I sit, notebook and pen in hand, being a good girl while Zach is standing in the kitchen literally jumping up and down about how the world is ending and how America has more cases of the virus than any other country on the planet and how he saw a video of somebody fall off a motor scooter in Indonesia and watched the guy's face go black before vomiting blood and dying right there by his scooter and you would think, by listening to my brother describe the story, that he was talking about a corgi or some Australian getting playfully punched by a kangaroo on YouTube. But this is somebody dying and for Zach it's like the best thing that's ever happened. It's like it's confirming all of his theories about apocalypse and totally justifying all of the whips, knives, guns, and fireworks he's been collecting in

the closet of his crazy-ass bedroom upstairs.

“Buck says the virus is the medicine,” Zach said, getting up in my face and breathing his hot breath all over me.

Buck London is Zach’s special friend. Buck’s an old man who just moved into Orchard Chase and smells like mothballs, and I can tell from Zach’s smell that he’s been spending way too much time with Buck.

“Get away from me,” I said. “You’re not practicing social distancing.”

“We are the virus,” Zach said.

“You are the virus,” I said.

“Nobody is the virus,” mom said, tossing a salad with a bunch of lettuce, tomatoes, cucumbers, avocado and falafel (feel awful). Mom said we should use the plague as an excuse to go vegan, but there goes Zach behind her back, just standing, smiling at me as he’s shoving disks of salami into his mouth. It’s like he’s proving this psychopathic suicidal point by eating meat while mom is making a salad, and I said: “NINA!” because I call Mom by her name when she won’t listen. But by the time Nina turns around, Zach’s pretending like he’s tying his shoe and I’m taking a picture of this journal just in case he kills someone someday.

*

Mom said her biggest fear is that I end up a “twentysomething grandma” like Tanya Purtlebaugh. Mom’s entire life seems organized around making sure that I don’t end up like Mrs. Purtlebaugh, but I said “seems” because Nicole, Tanya’s daughter, did just have a baby at seventeen and Nicole’s two years older than I am and her mother is exactly seventeen years older than Tanya which makes her mother thirty-four and that’s only three years younger than Mom which, if you do the

math (which I do), it's pretty clear: Tanya Purtlebaugh is not a "twentysomething grandma." In other words, Mom's entire mission in life right now (and she's succeeding) is keeping me from having sex so I don't basically have a ME which, if you think about it (and I do), is really sad and it makes sense why she lies and covers up by blaming it all on a "twentysomething grandma" who's not actually a twentysomething grandma.

Mom doesn't want me to see what she calls "the elephant in the room": Her biggest fear is actually another ME. I am the elephant. Mom is afraid she's like the virus and has passed on all her bad decision-making to me and when I told her, in the fall, that I didn't want to play tennis in the spring or take any "private lessons" with Pastor Gary, she flipped out because she basically wanted to ensure that I was constantly quarantined in clubs and sports and stupid boring activities where I was sweating and bickering with other girls instead of having "idle time" with boys, but look at everything now. What happened to the tennis team? Same thing that happened to track, soccer, drama, ballet, baseball, archery, karate, and everything else—canceled.

Everyone's in their room by themselves except Nicole with her screaming mixed-race baby, but guess who's used to being alone? The elephant in the room, that's who.

*

"This is like a taste of being old," Mom said as we drove to the grocery store, Zach riding shotgun, me in the back.

"Nina," Zach said. "Please tell us exactly what you mean because I wasn't listening."

"Okay, Zachary," Mom said. "I mean this is what we've been looking forward to all day, isn't it? Our one chance to get out of the house, where nothing is happening, just so we can listen to some music in the car and see a few people at a

store. Think about how many old people don't have soccer practice, piano, or archery."

I'll give Nina credit: she made me see things differently for a second. There was an old black woman covered in a clear plastic bag in the produce section picking through apples really slowly, and I felt bad because the one place where this old woman gets to go is now invaded with danger, and we are the danger, and I wonder how long until she gives up and has some granddaughter teach her over the phone how to have groceries delivered to her front door by a drone?

"Off your phone!" Mom said to Zach as we passed by the meat shelves which were picked totally clean of everything except the meatless meats. So much for America using this crisis to wean itself off fossil fuels and diseased beef.

"Look!" Zach said.

Passing by a little mirror near the cheap sunglasses, I saw my stupid, long witchy nose. I hate my nose.

"Look!" Zach said.

"Look at what?" I said.

I put my palm up to my nose as if to smash it back into my head. We wheeled past the glasses and down the coffee aisle so Mom could get her "medicine" when Zach showed me a picture from MIMI of the socially distanced sleep-slots for the homeless of Las Vegas, a parking lot that had basically been turned into a dystopian slumber party for all these Black Americans who live in this city with a hundred thousand empty hotel rooms. But because we are America, we force the poor people to sleep in a parking lot, and there was this woman in a white hijab or bonnet standing over the homeless like she was some kind of monitor to make sure the poor were keeping their distance. Or who knows? Maybe she was nice and asking them if they were okay, or if they wanted soup. What was not

okay was the way psychopath Zach was grinning as he was thrusting the screen in my face.

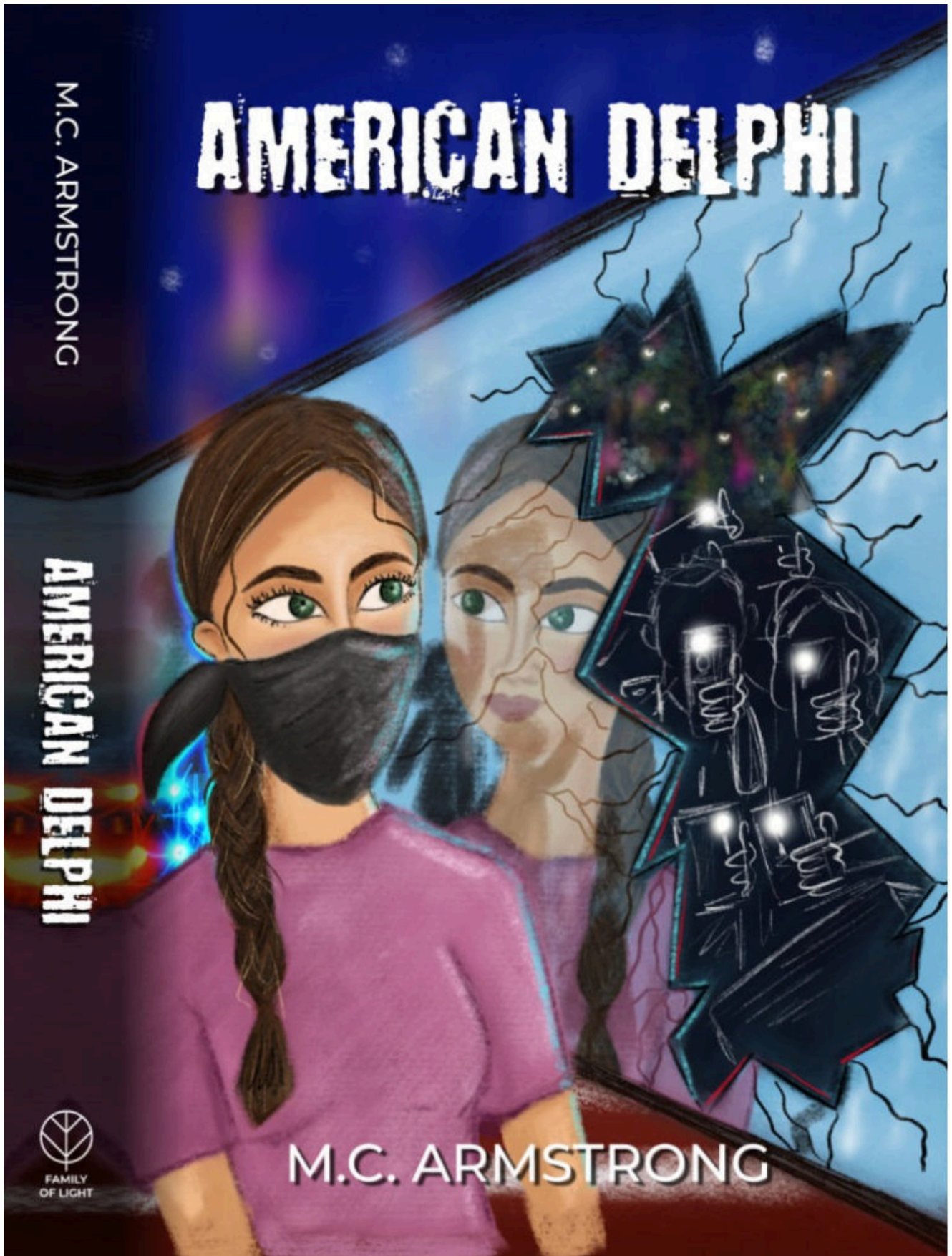
“Why are you smiling?” I said.

“He’s smiling because he’s alive,” Mom said, sweeping three bags of Ethiopian coffee into our loaded cart, and Mom’s answer would have been totally perfect if it weren’t for one thing: IT’S HER ANSWER. NOT HIS! MY BROTHER IS SICK!!!

*

I have a wasp in my room because my window won’t seal. But a wasp is just a bee, so his brain is as big as a flea, which means he won’t fly through the crack, and there’s a yellow jacket on the other side of the window, and he’s just a bigger bee, so he’s dumb too. He doesn’t know he just has to fly in the little slit if he wants to see his friend or fly a little higher to show his friend where the opening is so he’ll stop going crazy and bouncing off the walls. Instead, the yellow jacket just hovers and buzzes while the wasp goes nuts and it’s actually kind of funny. I think the yellow jacket is pretty much watching TV, and the wasp is his show for the night, and I guess I am, too, and it’s like the birds have stopped quarreling and are now laughing like a sitcom audience, like the birds know everything.

What do the trees know?



'American Delphi' by M.C. Armstrong, October 2022. Cover art by Halah Ziad. Milspeak Books.

There goes my brother running through the grass. Wonder where

the psychopath is going with his big backpack. It's like a scene from a movie. The psychopath with his backpack loaded with knives and fireworks walking through this totally dystopian, suburban wasteland of saggy porches and American flags towards this half-moon that looks like a lemon wedge while Toast, the Kagels' new corgador, rams up against the invisible fence with his special red cowboy bandanna around his neck, and how can I tell my brother's a psychopath, you might ask? God. Just look at him baiting Toast by charging the invisible fence. You can totally tell Zach loves electrocuting Toast, and you know what they say about boys who are cruel to animals. Zach is totally toasting Toast so I open up my window and scream at him to stop and when I close it back up the wasp is gone.

Mom's right. This is what it must be like to get old. I have to take my sunset walk and "get my steps in." I walked by Aria's house and then the Kagels. I called Toast to the edge but I didn't taunt him like Zach. We just sort of looked at each other, mirroring one another. Toast blinked. I blinked. Toast tilted his head. I tilted my head. Toast looked right. I looked left. Then I noticed at my feet some magenta letters. Maybe they were mauve. I don't know. The words on the sidewalk were written in this pinkish chalk and it wasn't the first time I'd seen the graffiti. For the last two weeks the parents of all the little kids have been outside drawing pictures of daisies and birds and smiley sunshine faces with their kids, and Zach and I are too old for that, but some of the older kids have been using the chalk to say other things or to mark their times on their bike races since they're being forced to exercise outside for the first time in their lives and they're actually having fun with it, but this graffiti wasn't like that.

This was different:

Go Vegan.

I walked a little farther and read in yellow:

Media Lies.

A little farther in blue:

Big Pharma Kills.

A little farther in red, white, and blue:

Government Lies.

And then in white:

Black Lives Matter.

And after that it was back to magenta:

The Truth is a Virus. The Truth Leaks. Spread Truth.

And I was like, okay. How do you do that?

How do you spread truth?

I kept walking. Now, in purple, but with the same handwriting, they said *We Need Change*. And I'm like, okay. Duh. But then, near the turnoff from Cedar to Byrd—right where you could see this big stack of logs against the side of Buck London's house—there was one more phrase before I turned around and it said: *American Delphi*.

I was pretty much across the street from Buck's, staring at this dark green holly bush he has in front of his house and this stuffed armadillo everyone can see on the chipped paint planks of his porch, but because of the huge prickly holly bush, you can't really see anything else. I couldn't tell if he was sitting on his porch in his underwear smoking a cigar with a one-eyed cat in his lap, or if he was inside on his couch looking at naked pictures of girls. I have no idea why Zach spends so much time with Buck, and I have no idea what *American Delphi* means.

But I am going to find out.